

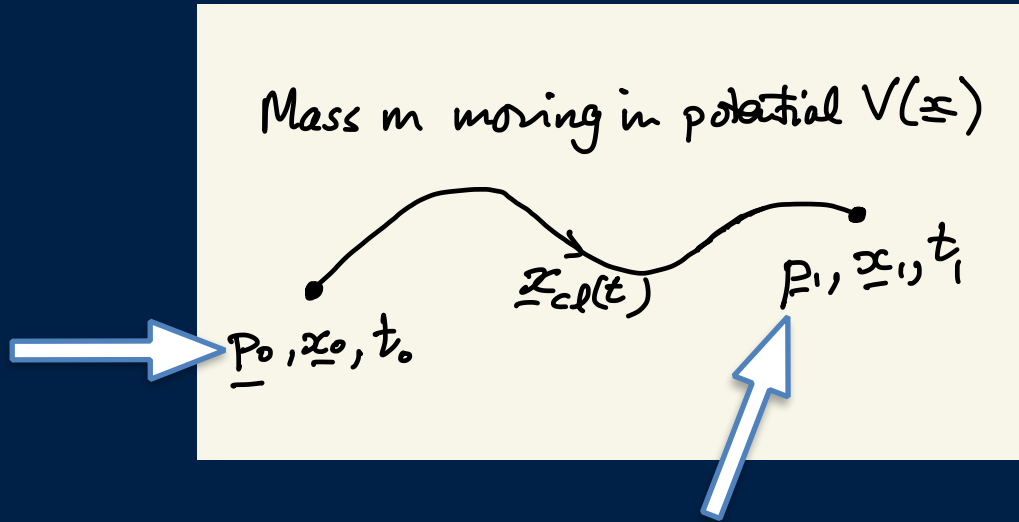
Why is Quantum Gravity so hard?

John Wheeler

Morning of Theoretical Physics

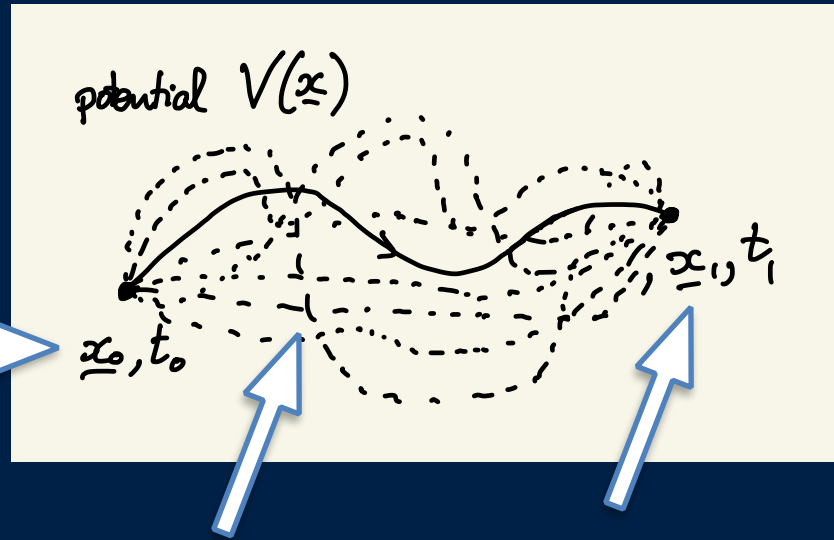
January 9th 2021

Particle Mechanics



Classically $\hbar = 0$, so we can know $\mathbf{x}_{cl}(t)$ and $\mathbf{p}_{cl}(t)$ but quantum mechanically this is not allowed so ...

Momentum not specified



All paths possible

Momentum not measured

$$= \langle \mathbf{x}_1, t_1 | \mathbf{x}_0, t_0 \rangle$$

Feynman Path Integral: sum over all paths gives amplitude

$$\langle \mathbf{x}_1, t_1 | \mathbf{x}_0, t_0 \rangle = \int D\mathbf{x} \exp \left(\frac{i}{\hbar} \int_{t_0}^{t_1} dt \frac{1}{2} m \dot{\mathbf{x}}^2 - V(\mathbf{x}) \right)$$


Classical physics $\hbar \rightarrow 0$ integral dominated by stationary point

$$\delta S = \left(\int_{t_0}^{t_1} dt \frac{1}{2} m (\dot{\mathbf{x}}_{cl} + \delta \dot{\mathbf{x}})^2 - V(\mathbf{x}_{cl} + \delta \mathbf{x}) \right) - \left(\int_{t_0}^{t_1} dt \frac{1}{2} m \dot{\mathbf{x}}^2 - V(\mathbf{x}) \right)$$

$$= \int_{t_0}^{t_1} dt m \dot{\mathbf{x}}_{cl} \cdot \frac{d}{dt} \delta \mathbf{x} - \nabla V(\mathbf{x}_{cl}) \cdot \delta \mathbf{x}$$

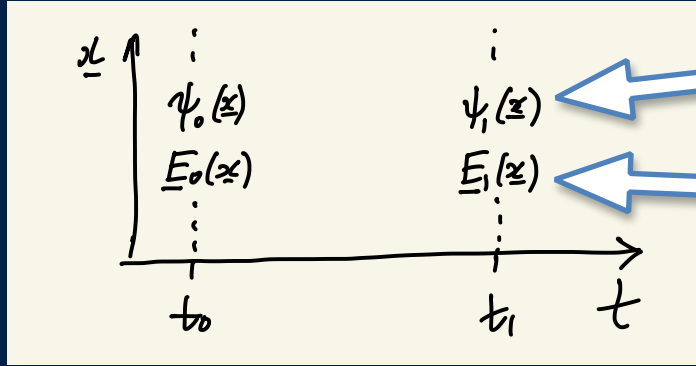
$$= \left[m \dot{\mathbf{x}}_{cl} \cdot \delta \mathbf{x} \right]_{t_0}^{t_1} + \int_{t_0}^{t_1} dt \left(-m \ddot{\mathbf{x}}_{cl} - \nabla V(\mathbf{x}_{cl}) \right) \cdot \delta \mathbf{x}$$


0


 $m \ddot{\mathbf{x}}_{cl} = - \nabla V(\mathbf{x}_{cl})$

Equation of motion

QED



matter field

electric field

$$= \langle \mathbf{E}_1(\mathbf{x}), \psi_1(\mathbf{x}), t_1 | \mathbf{E}_0(\mathbf{x}), \psi_0(\mathbf{x}), t_0 \rangle$$

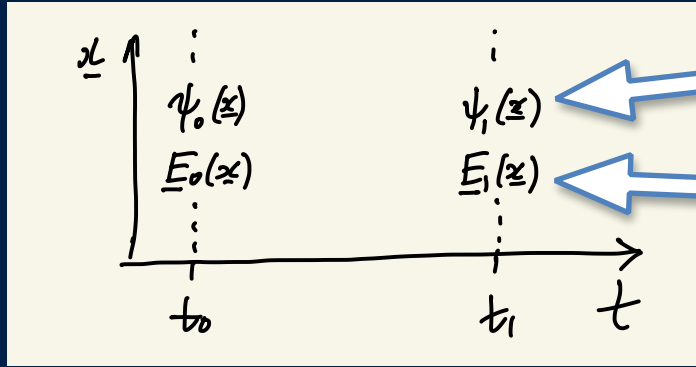
$\mathbf{B} = \nabla \times \mathbf{A}$, $\mathbf{E} = -\nabla V + \partial_t \mathbf{A}$ can be written as the field strength tensor

$$F_{\mu\nu} = \partial_\mu A_\nu - \partial_\nu A_\mu \quad \text{where} \quad A_\mu = (V, \mathbf{A}) \quad \text{and} \quad \mu, \nu \in 0, 1, 2, 3$$

$F_{\mu\nu}$ and A_μ transform covariantly under Lorentz transformations

Gauge invariance: when $A_\mu \rightarrow A_\mu + \partial_\mu \chi$ we see that $F_{\mu\nu} \rightarrow F_{\mu\nu}$

QED



matter field

electric field

$$F_{\mu\nu} = \begin{pmatrix} 0 & E_x & E_y & E_z \\ -E_x & 0 & B_z & -B_y \\ -E_y & -B_z & 0 & B_x \\ -E_z & B_y & -B_x & 0 \end{pmatrix} \quad \left. \begin{array}{l} \mu=0,1,2,3 \\ \nu=0,1,2,3 \end{array} \right\}$$

$$= \langle \mathbf{E}_1(\mathbf{x}), \psi_1(\mathbf{x}), t_1 \mid \mathbf{E}_0(\mathbf{x}), \psi_0(\mathbf{x}), t_0 \rangle$$

$\mathbf{B} = \nabla \times \mathbf{A}$, $\mathbf{E} = -\nabla V + \partial_t \mathbf{A}$ can be written as the field strength tensor

$$F_{\mu\nu} = \partial_\mu A_\nu - \partial_\nu A_\mu \quad \text{where} \quad A_\mu = (V, \mathbf{A}) \quad \text{and} \quad \mu, \nu \in 0, 1, 2, 3$$

$F_{\mu\nu}$ and A_μ transform covariantly under Lorentz transformations

Gauge invariance: when $A_\mu \rightarrow A_\mu + \partial_\mu \chi$ we see that $F_{\mu\nu} \rightarrow F_{\mu\nu}$

Feynman PI: sum over all interpolating field configurations

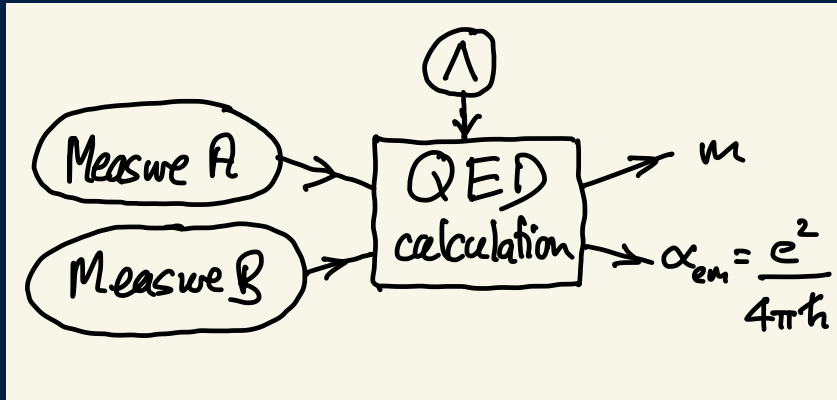
$$\langle \mathbf{E}_1(\mathbf{x}), \psi_1(\mathbf{x}), t_1 | \mathbf{E}_0(\mathbf{x}), \psi_0(\mathbf{x}), t_0 \rangle =$$

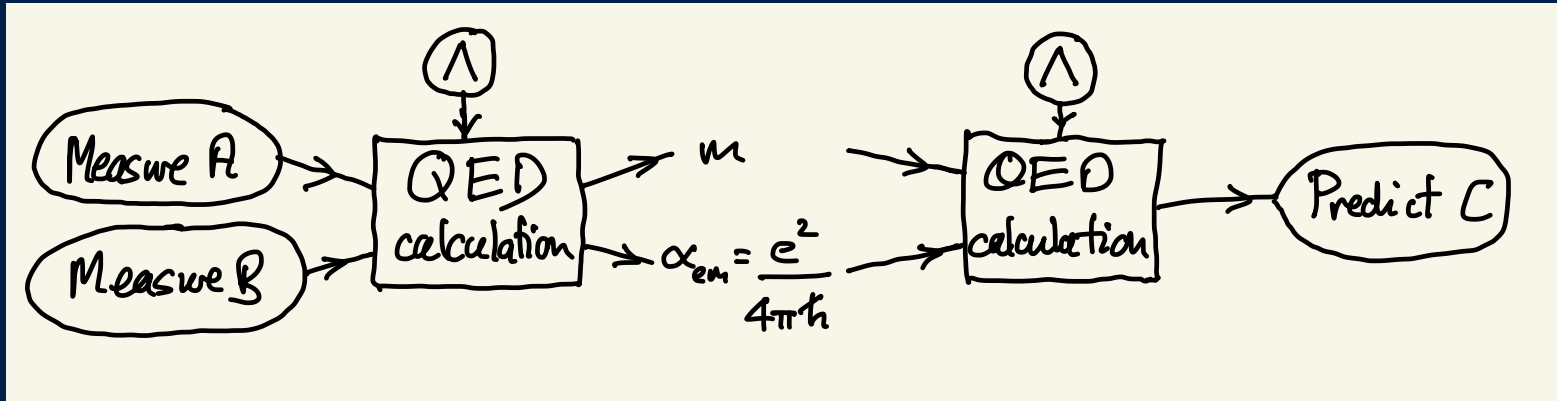
$$\int DAD\psi \exp \left(\frac{i}{\hbar} \int_{t_0}^{t_1} dt \int d^3\mathbf{x} \left(-\frac{1}{4} F_{\mu\nu} F^{\mu\nu} + \bar{\psi} (\gamma^\mu (\partial_\mu - ieA_\mu) - m) \psi \right) \right)$$

$\hbar \rightarrow 0$ stationary point gives Maxwell's equations $\partial^\mu F_{\mu\nu} = j_\nu$

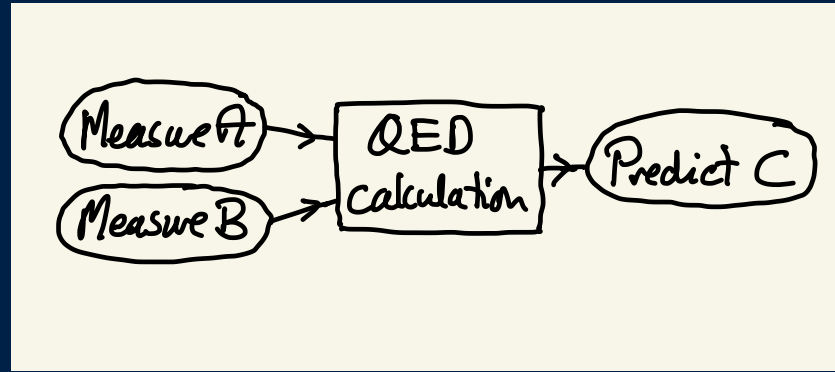
$\hbar \neq 0$ we get Quantum Electrodynamics (QED) —

in principle the FPI finds any amplitude in terms of e, m, \hbar
and the boundary conditions, in practice hard work!





But actually....



QED is *renormalizable* —

It predicts unambiguous relationships between measurables and expansion in α_{em} works spectacularly well eg

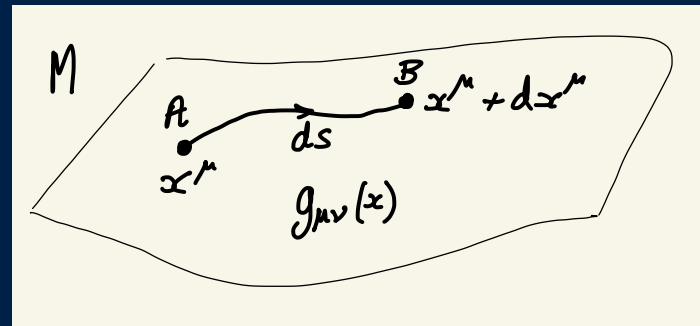
$$a_e = \frac{g - 2}{2} = \begin{array}{ll} 0.001\,159\,652\,180\,73\,(28) & \text{experiment} \\ 0.001\,159\,652\,181\,60\,(23) & \text{theory} \end{array}$$

General Relativity

Space M of fixed topology, and metric $g_{\mu\nu}$

Proper distance $ds^2 = g_{\mu\nu} dx^\mu dx^\nu$

Euclidean plane $ds^2 = dx^2 + dy^2$



We can change coordinate systems eg Euclidean to plane polar; the *coordinates* of A and B change but the proper distance does not

Re-parametrization: $x^\mu \rightarrow x'^\mu(x), \quad g_{\mu\nu}(x) \rightarrow g'_{\mu\nu}(x')$
but $ds^2 \rightarrow ds^2$

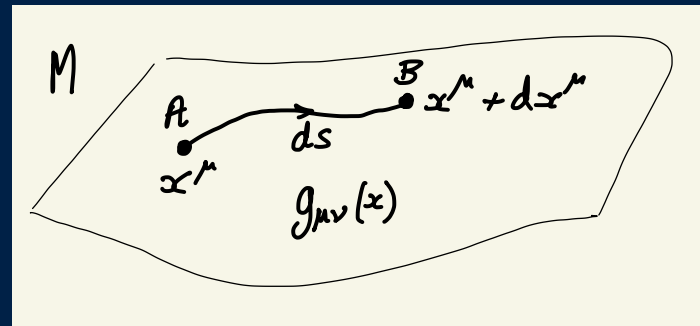
Proper distance is not the only frame independent characteristic of $M, g_{\mu\nu}$

General Relativity

Space M of fixed topology, and metric $g_{\mu\nu}$

Proper distance $ds^2 = g_{\mu\nu} dx^\mu dx^\nu$

Two-sphere $ds^2 = k^2(d\theta^2 + \sin^2 \theta d\phi^2)$



We can change coordinate systems eg Euclidean to plane polar; the *coordinates* of A and B change but the proper distance does not

Re-parametrization: $x^\mu \rightarrow x'^\mu(x), \quad g_{\mu\nu}(x) \rightarrow g'_{\mu\nu}(x')$
but $ds^2 \rightarrow ds^2$

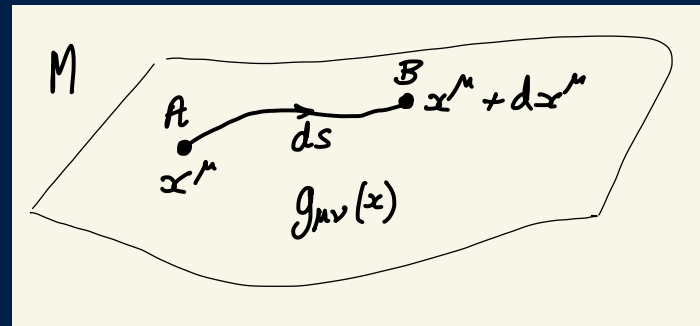
Proper distance is not the only frame independent characteristic of $M, g_{\mu\nu}$

General Relativity

Space M of fixed topology, and metric $g_{\mu\nu}$

Proper distance $ds^2 = g_{\mu\nu} dx^\mu dx^\nu$

Minkowski space-time $ds^2 = \eta_{\mu\nu} dx^\mu dx^\nu = dt^2 - d\mathbf{x}^2$



We can change coordinate systems eg Euclidean to plane polar; the *coordinates* of A and B change but the proper distance does not

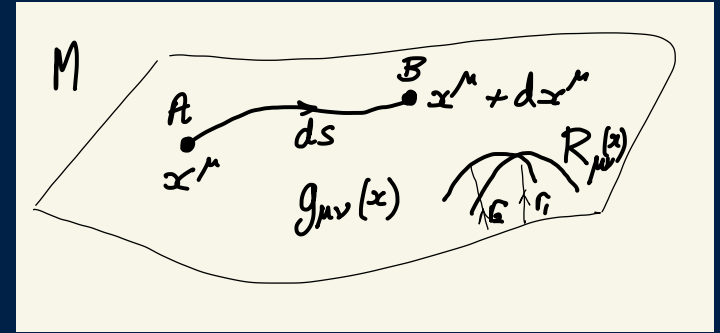
Re-parametrization: $x^\mu \rightarrow x'^\mu(x), \quad g_{\mu\nu}(x) \rightarrow g'_{\mu\nu}(x')$
but $ds^2 \rightarrow ds^2$

Proper distance is not the only frame independent characteristic of $M, g_{\mu\nu}$

Intrinsic curvature

$$R^\rho_{\mu\nu\lambda}, \quad R_{\mu\nu} = R^\lambda_{\mu\nu\lambda}, \quad R = R_{\mu\nu}g^{\mu\nu}$$

Euclidean plane $R = 0$



$g_{\mu\nu}$ is the dynamical degree of freedom + curvature of space-time is generated by mass/energy leading to Einstein's equations

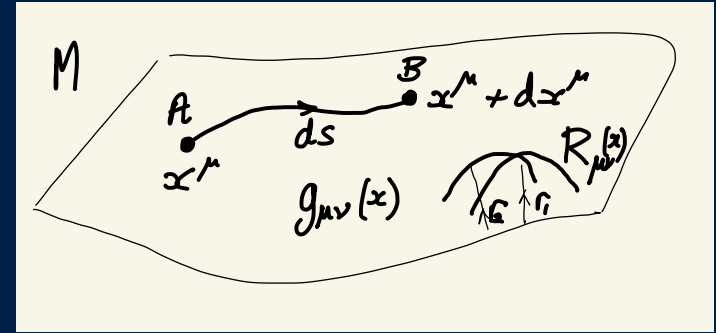
$$R_{\mu\nu} - \frac{1}{2}Rg_{\mu\nu} + \Lambda_c g_{\mu\nu} = 8\pi G T_{\mu\nu}$$

Non-linear partial differential equations for the metric; specify initial conditions and solve! Excellent agreement with observation and experiment

Intrinsic curvature

$$R^\rho_{\mu\nu\lambda}, \quad R_{\mu\nu} = R^\lambda_{\mu\nu\lambda}, \quad R = R_{\mu\nu}g^{\mu\nu}$$

Two-sphere $R = \frac{1}{r_1 r_2} = k^{-2}$



$g_{\mu\nu}$ is the dynamical degree of freedom + curvature of space-time is generated by mass/energy leading to Einstein's equations

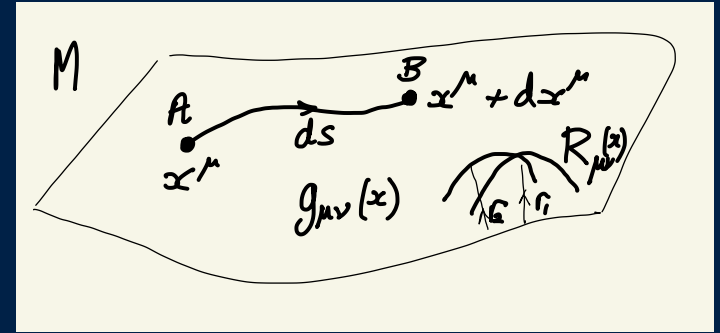
$$R_{\mu\nu} - \frac{1}{2}Rg_{\mu\nu} + \Lambda_c g_{\mu\nu} = 8\pi G T_{\mu\nu}$$

Non-linear partial differential equations for the metric; specify initial conditions and solve! Excellent agreement with observation and experiment

Intrinsic curvature

$$R^\rho_{\mu\nu\lambda}, \quad R_{\mu\nu} = R^\lambda_{\mu\nu\lambda}, \quad R = R_{\mu\nu}g^{\mu\nu}$$

Minkowski
space-time $R = 0$



$g_{\mu\nu}$ is the dynamical degree of freedom + curvature of space-time is generated by mass/energy leading to Einstein's equations

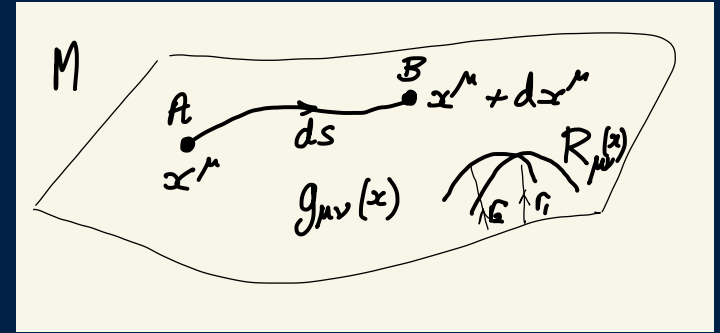
$$R_{\mu\nu} - \frac{1}{2}Rg_{\mu\nu} + \Lambda_c g_{\mu\nu} = 8\pi G T_{\mu\nu}$$

Non-linear partial differential equations for the metric; specify initial conditions and solve! Excellent agreement with observation and experiment

Intrinsic curvature

$$R^\rho_{\mu\nu\lambda}, \quad R_{\mu\nu} = R^\lambda_{\mu\nu\lambda}, \quad R = R_{\mu\nu}g^{\mu\nu}$$

Minkowski
space-time $R = 0$



$g_{\mu\nu}$ is the dynamical degree of freedom + curvature of space-time is generated by mass/energy leading to Einstein's equations

$$R_{\mu\nu} - \frac{1}{2}Rg_{\mu\nu} + \Lambda_c g_{\mu\nu} = 8\pi G T_{\mu\nu}$$

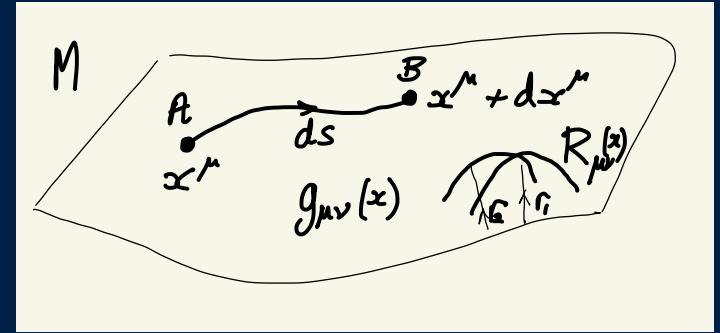
stress-energy tensor

Non-linear partial differential equations for the metric; specify initial conditions and solve! Excellent agreement with observation and experiment

Intrinsic curvature

$$R^\rho_{\mu\nu\lambda}, \quad R_{\mu\nu} = R^\lambda_{\mu\nu\lambda}, \quad R = R_{\mu\nu}g^{\mu\nu}$$

Minkowski
space-time $R = 0$



$g_{\mu\nu}$ is the dynamical degree of freedom + curvature of space-time is generated by mass/energy leading to Einstein's equations

$$R_{\mu\nu} - \frac{1}{2}Rg_{\mu\nu} + \Lambda_c g_{\mu\nu} = 8\pi G T_{\mu\nu}$$

stress-energy tensor

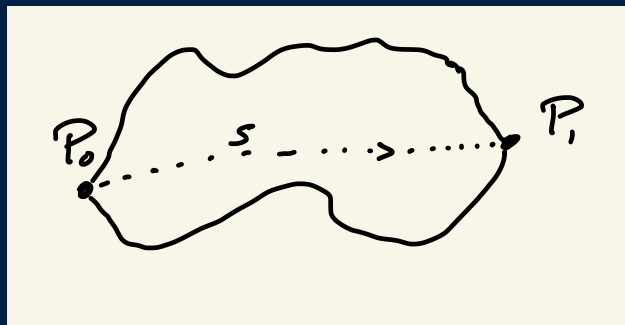
cosmological term

Non-linear partial differential equations for the metric; specify initial conditions and solve! Excellent agreement with observation and experiment

Quantum Gravity?

Physical amplitudes must be reparametrization invariant ...

$$\langle P_1, s | P_0, 0 \rangle =$$



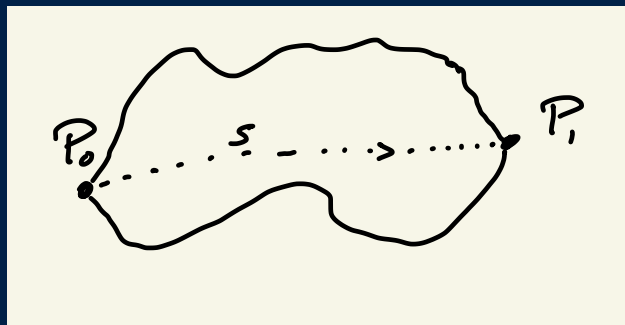
universe exists for
proper time s and
FPI is a sum over
all such metrics ?

$$\int Dg D\psi \exp \left(\frac{i}{\hbar} \int d^4x \sqrt{-g} \left(\frac{1}{16\pi G} (R - 2\Lambda_c) + \text{matter} + \text{boundary terms} \right) \right)$$

Quantum Gravity?

Physical amplitudes must be reparametrization invariant ...

$$\langle P_1, s | P_0, 0 \rangle =$$



universe exists for
proper time s and
FPI is a sum over
all such metrics ?

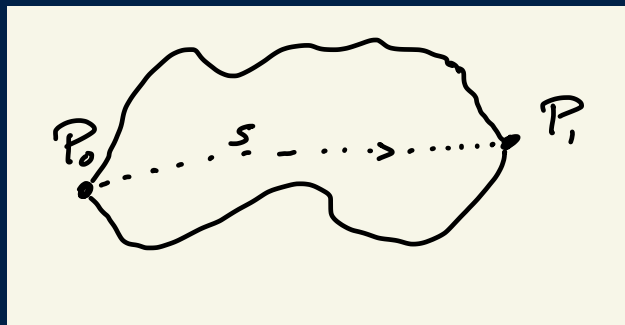
$$\int Dg D\psi \exp \left(\frac{i}{\hbar} \int d^4x \sqrt{-g} \left(\frac{1}{16\pi G} (R - 2\Lambda_c) + \text{matter} + \text{boundary terms} \right) \right)$$

Einstein-Hilbert action $\hbar \rightarrow 0$ stationary point gives Einstein's equations

Quantum Gravity?

Physical amplitudes must be reparametrization invariant ...

$$\langle P_1, s | P_0, 0 \rangle =$$



universe exists for
proper time s and
FPI is a sum over
all such metrics ?

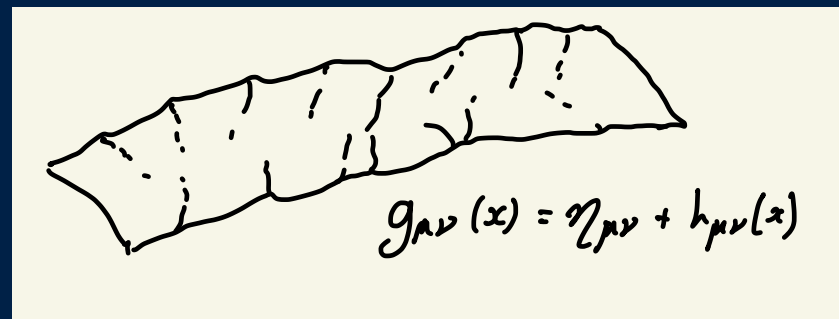
$$\int Dg D\psi \exp \left(\frac{i}{\hbar} \int d^4x \sqrt{-g} \left(\frac{1}{16\pi G} (R - 2\Lambda_c) + \text{matter} + \text{boundary terms} \right) \right)$$

Quantum Field Theory in a fixed background space-time

What does $\int Dg$ mean?

First attempt — copy QED with a perturbation expansion in G

gravity is ‘weak’ so perhaps...



$$R_{\mu\nu} - \frac{1}{2}Rg_{\mu\nu} = 8\pi G T_{\mu\nu} \Rightarrow \partial^\mu \partial_\mu \bar{h}_{\lambda\rho} = -16\pi G T_{\mu\nu} \Rightarrow \text{gravitational waves}$$

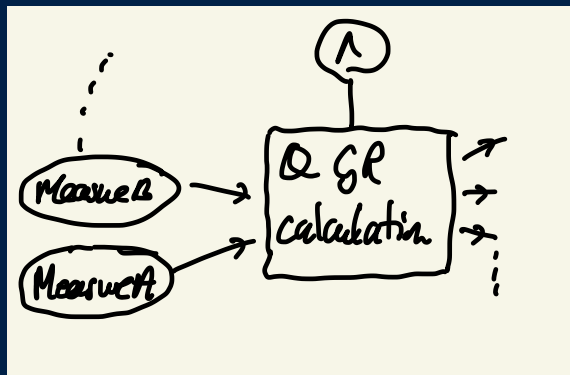
In Q-GR fine structure constant $\alpha_{GR} = \frac{G\Lambda^2}{\hbar}$ is the expansion parameter

$$\Lambda = m_e, \quad \alpha_{GR} \approx 10^{-46}$$

weak!!

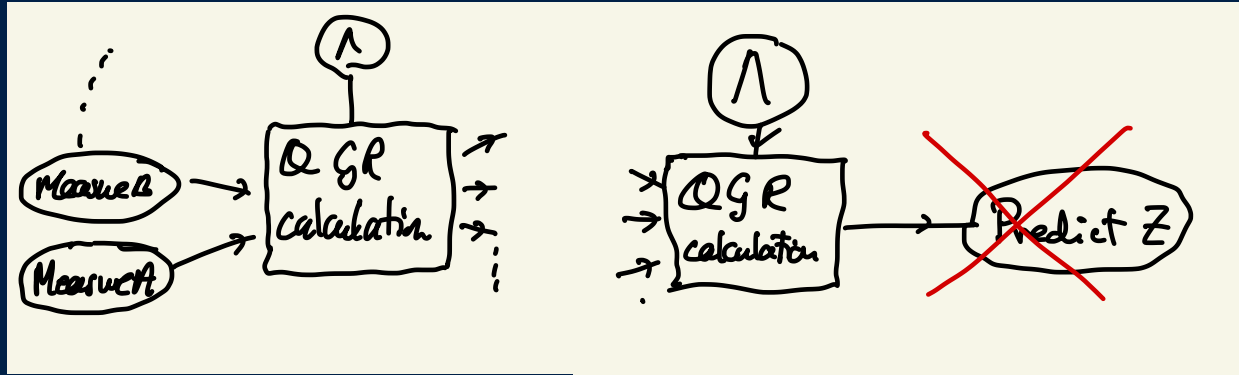
$$\Lambda \approx 10^{23} m_e \approx 10^{-7} \text{kg}, \quad \alpha_{GR} \approx 1$$

hmmm....



Q-GR is *not* renormalizable —

- Keep Λ , work in a regime where it is small — ‘effective field theory’, learn a lot but it’s not the final solution
- String theory — contains $h_{\mu\nu}$ and a consistent minimum distance scale, but lots of other degrees of freedom



Q-GR is *not* renormalizable —

- Keep Λ , work in a regime where it is small — ‘effective field theory’, learn a lot but it’s not the final solution
- String theory — contains $h_{\mu\nu}$ and a consistent minimum distance scale, but lots of other degrees of freedom

What does $\int Dg$ mean?

Second attempt —
metric democracy...



4-dimensional manifolds are only partially charted territory —
it's a very hard problem, so let's look at a toy model ...

What does $\int Dg$ mean?

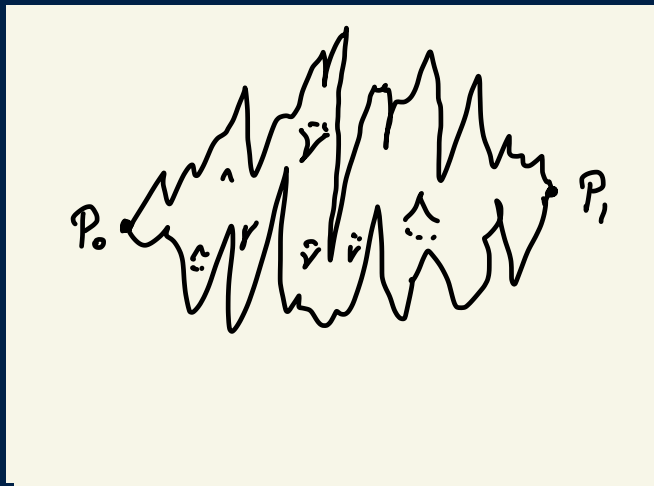
Second attempt —
metric democracy...



4-dimensional manifolds are only partially charted territory —
it's a very hard problem, so let's look at a toy model ...

What does $\int Dg$ mean?

Second attempt —
metric democracy...



4-dimensional manifolds are only partially charted territory —
it's a very hard problem, so let's look at a toy model ...

What does $\int Dg$ mean?

Second attempt —

metric democracy...

\Rightarrow topology democracy?



4-dimensional manifolds are only partially charted territory —

it's a very hard problem, so let's look at a toy model ...

What does $\int Dg$ mean?

Second attempt —

metric democracy...

\Rightarrow topology democracy?



Wormholes!

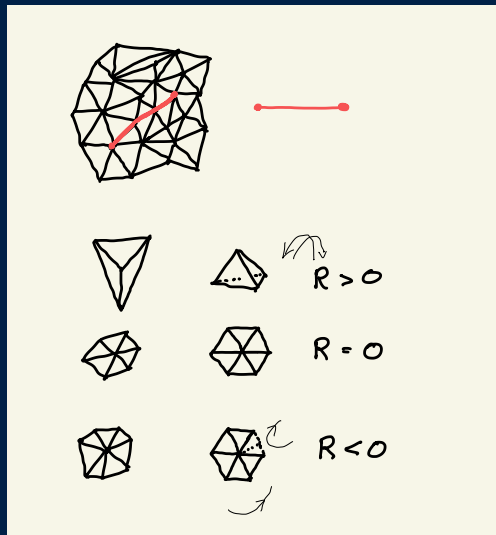
Splits!

Joins!

4-dimensional manifolds are only partially charted territory —

it's a very hard problem, so let's look at a toy model ...

Graph of equilateral triangles...



graph distance \sim geodesic distance

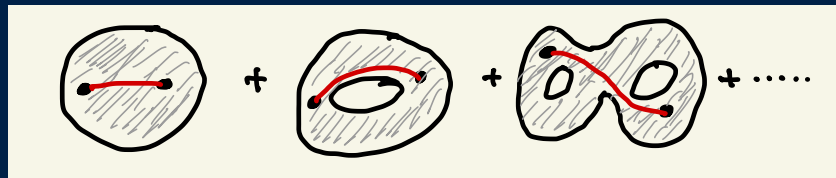
3-fold vertex \sim place of positive curvature

6-fold vertex \sim place of zero curvature

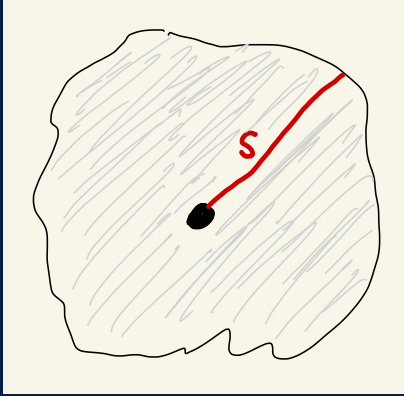
7-fold vertex \sim place of negative curvature

Idea... Fix topology, $\sum_T \sim \int Dg$, then sum over genus

$$\langle P_1, s | P_0, 0 \rangle = \sum_T$$



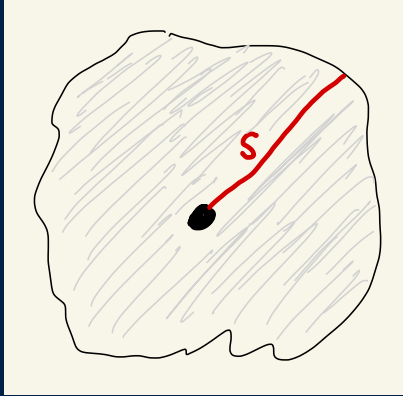
What do our 'universes' look like?



$$\text{Volume}(s < s_0) \propto s_0^4$$

A long, long way from flat 2d space!

What do our 'universes' look like?



$$\text{Volume}(s < s_0) \propto s_0^4$$

A long, long way from flat 2d space!

It is extraordinarily non-trivial that our quantum universe is so very four-dimensional locally and globally